



**Welcome**  
**to**  
**CIYMS Tennis Club**  
**2019/20 Season**



# Welcome

“As Club Chairperson of CIYMS Tennis Club I would like to add my personal welcome to our club, I am delighted you are a member for the 2019/20 season. CIYMS is a friendly and welcoming organisation. It allows players of all abilities to enjoy tennis, whether that is league play or social tennis. I would therefore recommend that you should participate in our Thursday and Saturday afternoon or Wednesday evening club sessions which are structured to allow players of various skills to participate. These and our regular tournaments/social events are a good way to meet and get to know fellow members. 2018 was a momentous year for CI Tennis with the appointment of a new senior coach and his excellent coaching team. The coaches have already proved to be a great asset to our club and members. We were awarded Clubmark status by Sport NI/Ulster Tennis, a prestigious accreditation helping our club profile. The tremendous work by our Outreach Dept culminated with the Disability Sport Inclusive Club Award a fantastic achievement. Finally, I most certainly look forward to personally meeting you in the very near future.”

Lisa McClurg

Club Chair

**Clubmark is Sport NI's quality benchmark for sports clubs in N Ireland.**





We are delighted CIYMS Tennis Section is now a Clubmark NI accredited club since 2018. This award signifies that CIYMS Tennis section has met quality standards in the following areas: -

1. Effective Club Management
2. Community Engagement
3. Quality Coaching and Competition
4. Creating a Safe Environment
5. Safeguarding Members

CIYMS is very proud to have been awarded this quality standard and have their excellent standards recognised.



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## 1. General Information



## Opening Hours

**Tennis Courts:** Monday-Saturday 8.00am-10.30pm and Sunday 11.00am -6.30pm  
Courts are open on 364 days of the year, sorry we aren't open on Christmas Day!

**Clubhouse:** Monday-Saturday 8.00am-11.00pm and Sunday 12 noon-7.00pm

**Lounge Bar** (Belmont Social Club): Monday-Friday 7.00pm-11.00pm;  
Saturday 12.30-11.00pm; Sunday 1.00pm-7.00pm

## Clubhouse Facilities

**Changing facilities:** Male and Female changing facilities with showers

**Kitchen facilities:** You are welcome to use the kitchen to make tea/coffee. Please do be considerate to others and leave the kitchen area clean and tidy when you have finished using.

At times, the facilities may be used by caterers for corporate or private functions and at these times members are asked to avoid the kitchen area.

**Wi-Fi:** Members and their visitors are welcome to use the CIYMS Wi-Fi access. The password is displayed on the signage located in the CIYMS Clubhouse reception.

**Lounge Bar (Belmont Social Club):** Open to members and their guests.

**Function Rooms:** Two large function rooms (one with bar facilities) both of which are available for private hire.

If you are interested in hiring one of the function rooms please contact Richard Barnes at the CIYMS main office on 028 9076 0120 or alternatively e-mail him at [ciyms.sportsandleisure@outlook.com](mailto:ciyms.sportsandleisure@outlook.com) to check availability and cost.

**First Aid Kit:** A first aid kit is available in the clubhouse. To access it please ask either office, reception or bar staff.

**Defibrillator:** A defibrillator is held behind the reception desk. It is in a cabinet and has open access in case of emergencies.

## 2. Membership



## How to join

Adult and junior membership forms and a direct debit form can be downloaded from <https://www.ciymsstennisclub.org/members>.

The adult application form contains all the current subscription rates, including juniors. Rates are reduced for those joining later in the season.



## Adult Club Play

If you are new to tennis or have been out of practise, then our Club Play is the perfect way to get back into the swing of things. You're guaranteed a warm welcome and the friendly playing atmosphere at club play will put you at ease. It is also an excellent way for you to meet and play tennis with other club members in an informal setting.

Club play sessions are open to adult players of all ages and abilities.

Courts are pre-booked for Club Play, with play taking place in the dome (when in situ), so some tennis is always guaranteed, whatever the weather!

Weekly sessions take place all year, on:

- Wednesday evenings from 7.00pm-10pm
- Thursday afternoons from 2.00pm to 4.00pm  
This is our most relaxed session, it even stops for a tea and biscuit break!
- Saturdays afternoons from 2.00pm-5.00pm.

Junior members are also allowed to attend adult club play via invitation.

## Communication/Contact Details



We have a variety of ways in which we communicate with members to keep you informed of all the latest news and events:

**E-mail:** you will receive regular messages about forthcoming tournaments, league tennis, social events, and other matters of general interest to members of CIYMS Tennis Club. Please advise us of any change to your email address so that we may update our records.

**Club Notice Boards:** We have two notice boards; one is located on the ground floor in the corridor adjacent to the changing rooms and the other is outside- beside Court 1 (the nearest court to the clubhouse)

**Facebook/Twitter:** Please visit our official CIYMS Tennis Club Facebook page ([www.facebook.com/Ciymstennisclub](http://www.facebook.com/Ciymstennisclub)) and/or follow us on twitter (@Ciymstennis)

**Website:** our tennis club website address is <https://www.ciymstennisclub.org/>

## Contact Details: 2019/2020 Season

If you have any queries about any aspect of tennis at CIYMS Tennis Club, then please contact the appropriate committee member via their dedicated email address and they will be pleased to assist.

**Chair & Court Monitor:** Lisa McClurg- [booking@ciymstennisclub.org](mailto:booking@ciymstennisclub.org) or 07710319343

**Honorary Secretary:** Denis Corry - [honsec@ciymstennisclub.org](mailto:honsec@ciymstennisclub.org)

**Match Secretary:** Jim Lonsdale- [matchsec@ciymstennisclub.org](mailto:matchsec@ciymstennisclub.org)

**Membership Secretary:** Mandy McCrory- [membership@ciymstennisclub.org](mailto:membership@ciymstennisclub.org)

**Junior Chair and Co-ordinator:** -Lisa McClurg- [juniortennis@ciymstennisclub.org](mailto:juniortennis@ciymstennisclub.org)

**Coaching Committee Chair:** Michael McClurg- [coachingcommittee@ciymstennisclub.org](mailto:coachingcommittee@ciymstennisclub.org)

**Website and IT:** Graham Mounsey - [info@ciymstennisclub.org](mailto:info@ciymstennisclub.org)

All the other committee members, detailed overleaf, are contactable via [info@ciymstennisclub.org](mailto:info@ciymstennisclub.org)



## Contact Details: 2019/20 Season (contd.)

**Ladies' Captain : Joint -Heather Mercer/ Christine Sharpe**

**Mens' Captain :** Eric Gould

**Hon Treasurer:** Pamela Parkins

**Marketing and Communications:** Kelly McCullough

**Outreach:** Jane Mounsey

**Club development:** Mandy McCrory

**Council representative:** Mark Paden

**Committee members:** Greg Robinson, Andrew McBride, David Kee

## Codes of Conduct

CIYMS Tennis Club has four codes of conduct:

- Adult Players
- Children and Young People
- Coaches and Volunteers
- Parents and Guardians

Our Codes of Conduct can be found on the club website: [CIYMS Tennis Club](#)

On signing your membership form you will have accepted your relevant code (s) of conduct.

## Court Booking and Usage

### Court Booking

When you join CIYMS tennis club, Richard Barnes in the CIYMS office will enter your details on the CIYMS tennis court on-line booking system which also serves as the tennis club's membership database. You should then receive an email with your username and two links. The first is to the booking website, and the second is a link (which only lasts for 24 hours) to follow to set a password of your choice.

You are recommended to add the website to your favourites or bookmarks for easy future access. The booking system works equally well on any smartphones, tablets or computers. The link, if you lose it is [www.myacebook.net/mobile/day\\_view.php](http://www.myacebook.net/mobile/day_view.php)

You can book courts 13 days in advance using this on-line court booking system.

On the booking site left hand side, you can see some links to follow which give information about booking rules, contacts, other club information and help.





Once logged in, you can go to “your profile” and set your communication preferences and update your details when required. If your contact details change, please also advise Richard Barnes on 028 90760120 or at [ciyms.sportsandleisure@outlook.com](mailto:ciyms.sportsandleisure@outlook.com).

The committee member currently looking after the booking system is Graham Mounsey. He welcomes any queries or feedback that you may have about how to use the system and the website which is new this year. Do email him at [admin@ciymstennisclub.org](mailto:admin@ciymstennisclub.org) if you would like any help.

At times, some or all the courts will be used for activities such as League Matches, Tournaments, or Coaching. So, you’ll notice that certain courts have been pre-booked for this purpose.

### **Coaching and courts**

The rules governing the use of the courts for coaching are available on the Acebook court booking site – click on the “bell” in the top right-hand corner.

### **Court Fair Usage Policy**

We operate a Fair Usage Policy with some general rules:

- Courts may only be booked by a Playing Member who intends to play on that court
- A court should only be booked if you are confident that you will be able to play
- Cancellations should be made as early as possible to give other members a reasonable chance of organising a game
- Failure to cancel a booking is inconsiderate to other members and is deemed a minor booking infringement
- Members may only book a **maximum period of 1.5 hours** at any one time but may continue to play on, if a free court is available. Doubling up with your partner/s to book continuous slots to exceed this is **NOT** permitted
- Members are only allowed to book six 30-minute slots in any 7-day period. Excess booking is a booking infringement
- Courts may not be booked on another’s behalf
- Please clear the courts promptly if others are waiting. Equally, please do not proceed to your court excessively early if others still have 5/10 minutes of play to go
- A member cannot book a court in their own name to receive coaching. This is a deliberate booking infringement

For comments/suggestions on booking or if would like to report any abuse of our court booking system the committee can be contacted via [booking@ciymstennisclub.org](mailto:booking@ciymstennisclub.org)



## Booking infringements

To ensure as many members as possible can enjoy the courts and to ensure our Fair Usage Policy is adhered to, we follow a club procedure for booking infringements.

If a court booking infringement occurs it will be addressed by the appropriate club official via written communication as follows:

- The first minor infringement will result in the member being referred to the Fair Usage Policy as a booking infringement potentially prevents fellow members having the opportunity to enjoy a game of tennis
- A second minor infringement will result in the member again being referred to the Fair Usage Policy but in addition a final warning will be issued indicating booking rights will be suspended if infringements continue
- A third minor infringement will result in the suspension of booking rights for one month

At any time, a serious, deliberate infringement will equal three minor infringements and result in immediate suspension of booking rights for one month.

Persistent infringements or two serious deliberate infringements will result in a review by the court monitor(s) and membership secretary with options of suspension from the club.

Suspensions can be appealed, with final decisions taken by the CIYMS Tennis Club Committee.





## Visitors

We actively encourage members to bring along visitors to play tennis at CIYMS. The member must always accompany the visitor and be responsible for their behaviour.

The current visitor's fees are as follows:

1<sup>st</sup> Visit: Complimentary

2<sup>nd</sup> & 3<sup>rd</sup> Visits: See below

Outdoor Courts: £5.00 per adult visitor

Indoor Courts (in the Dome, October to March): £12.00 per adult visitor

U18 visitors: £3 all year round

It is the member who books the court, that is deemed responsible as to the status of players and therefore ensuring that the appropriate visitor's fee is paid, prior to playing. Payment should be made at the time of booking by the member.

Visitors are only permitted to play 3 times in any one club year and this can include attendance at any of our club play sessions. Visitors are not allowed to attend club events nor enter club tournaments.

Any member who is found to have allowed a visitor to play without having paid the appropriate fee may have their court booking rights suspended or withdrawn altogether.



## Adult Membership - At a Glance

Membership Class:	Day	Taster	Full	Social
Duration (months)	12	1	12	12
Booking & Playing Rights	Mon-Fri 8am-6pm	Full	Full	None
Clubplay	Thursday	Wednesday thursday saturday	wed, thurs,sat	None
Eligibility – League	X	X	✓	X
Eligibility–Internal Tournaments	Restricted	X	✓	X
Visitors	✓	✓	✓	X
Voting Rights	✓	X	✓	X
Belmont Social Club	✓	X	✓	✓

## Daytime Membership

The following rules apply to this category;

- Daytime members can book and play on any court within the following period:  
Monday to Friday 8am to 6pm
- Attendance at Thursday Club Play is permitted
- They are not allowed to play for a CIYMS League/Cup team
- Entry to club tournaments is not permitted
- Visitors are permitted with a daytime member during the following times:  
Monday to Friday 8am to 6pm
- Daytime members have full club voting rights

## Taster Membership- Adult and Junior

This membership, of one month's duration, is to allow those new to playing tennis at CIYMS the chance to try out our club and facilities.

The following rules apply to this category;

- Taster members have the same booking and playing rights as an equivalent full member
- Attendance at any of our club play sessions is permitted
- Taster members are not allowed to play for a CIYMS League/Cup team
- Entry to club tournaments is not permitted



- Visitors are permitted with a taster member, as per visitor rules
- Taster Members have no voting rights within the club

## Tournaments

A busy schedule of club tournaments takes place throughout the year for players of all abilities.

These include:

- Captains' Day; a mixed event including refreshments followed by an evening function
- Ballycastle trip and tournament; an away tennis day finished by a meal out
- Summer Tournament and BBQ
- Charity Tournament with proceeds being donated to a designated charity.
- Internal Graded Competition, where players of similar abilities compete for club silverware
- Halloween Fancy Dress Tournament

Details of these and other tournaments are available on our website.

## Social

Full members of CIYMS Tennis Club are automatically members of Belmont Social Club. Membership includes:

- Members discount card for drinks and snacks
- Regular quiz nights and theme nights
- Live sporting events including Six Nations rugby, Wimbledon, The Ashes & Premier League football

The Tennis Club also has a busy social calendar with events taking place throughout the year.

Events are organised by our Gents and Ladies Captains, with details communicated to you by email and available on our website.

At the end of the season we also have our Annual Prize Giving Dinner which includes evening entertainment.



## Leagues

CIYMS Tennis Club enters teams throughout the year in the Belfast & District leagues, at all levels from Division 1 to more social competition.

These include;

- Men's and Women's Autumn League (October/November, Saturday mornings)
- Mixed Floodlit League (January/ February evenings)
- Men's and Women's Winter League (February/March, Saturday mornings)
- Men's and Women's Singles League (March/April evenings)
- Men's and Women's Evergreen League (May/June, Friday evenings)
- Mixed League (April/May, evenings)
- Men's and Women's Knockout Cup (July evenings)
- Mixed Summer League (July/August, evenings)

Entry is available to all Full Playing members (subject to selection) who have paid their subscription for that period. We welcome players of all abilities so do give it a try!

Please contact our match secretary - [matchsec@ciymstennisclub.org](mailto:matchsec@ciymstennisclub.org) if you would be interested in playing for one of our teams.

## Club Kit

A CIYMS Tennis Club kit is available for both social and team use. Please contact Mandy McCrory for further details.





### 3. Junior Tennis at CIYMS





Our junior tennis club has tennis to cater for every age group. You can play competitive tennis on one of our junior teams or just enjoy recreational tennis with your friends.

### **Coaching Programme**

Our coaching Programme consists of Red, Orange, Green & Yellow classes. Classes operate Monday to Saturday. Please check the current coaching programme for up to date times and availability as these may vary. Alternatively, please contact our Head Coach on 07752249214

### **Performance/Elite Programme**

Our coaching programme also offers an elite training programme for both boys and girls. This is by invitation only from our Head Coach.

### **Club Play**

There are two weekly supervised club play sessions available for junior members:

**Saturdays 5-6pm from age 4 to 11yrs.**





During this session, the children play red / orange / green ball tennis according to their age group which ensures players of similar abilities and age groups play together.

We run fun games led by coaches for the youngest players. Players who are ready also get match play practice at this session.

### **Fridays 6 – 7.30pm from 11yrs+**

This session is run as singles and doubles matchplay with a coach in attendance. We cater for all abilities so don't worry if you are not a mini Murray or Serena just yet.

Visitors are welcome to come to Junior Club play sessions on no more than three occasions in a year at a cost of £3, payable on the day.

## **Junior Leagues**

We enter junior teams regularly in the Belfast and District Juvenile Leagues and we enter teams in various divisions catering for all abilities. This encourages positive relationships within the club environment and gives the players a chance to improve, gain matchplay experience and represent their club.

We welcome junior members of all abilities to play on our teams so please contact our junior match secretary- [juniortennis@ciymstennisclub.org](mailto:juniortennis@ciymstennisclub.org) if you would be interested in playing.

As a CIYMS Tennis Club member, you are also able to compete against players from other clubs by participating in external junior tournaments run by Ulster Tennis and Tennis Ireland.

One of these, the Belfast Junior Hardcourt Championships, is held at CIYMS every year in July.

## **Social Calendar**

We have a very busy social calendar for our juniors with a specific emphasis on integrating our juniors with our junior visually impaired (VI) section of the club.

We are always looking for people to sponsor our Junior events. If you are willing to sponsor an event, please get in touch.

To keep up to date with our social events check your emails regularly

## **Court Booking**

Junior members are provided with an individual log in and so can use the online booking system to book courts.

### **Booking Rules:**



- If playing with fellow junior members, they can book courts up to 6pm on weekdays and at any time at weekends outside of CIYMS Club Play times.
- Outside of the approved booking times junior members, who wish to play with a fellow junior, are unable to book a court but can play on any vacant court.
- Courts can also be booked for use outside of these times provided the junior member is playing with an adult member who books the court under their log in.
- We do request that junior members should make every effort to book court 5 first. However, if court 5 is busy but another court is free, juniors can book that court.

## Visitors

Junior members are welcome to bring visitors provided club visitor rules and code of conduct are followed. Junior visitors are permitted to play 3 times in any one club year and this can include attendance at either of our club play sessions. Visitors are not allowed to attend club events nor is entry permitted into club tournaments.

## Contact

Your junior committee are here to help. If you have any questions or queries about the Junior section please do not hesitate to get in touch.

**Junior Chairperson:** Lisa McClurg - [juniortennis@ciymstennisclub.org](mailto:juniortennis@ciymstennisclub.org)

**Junior Membership Secretary:** Anna Kilpatrick - [juniorsecretary@ciymstennisclub.org](mailto:juniorsecretary@ciymstennisclub.org)

## Child Safeguarding

We take our children's safety and protection very seriously at CIYMS Tennis Club. Our Child safeguarding policies can be viewed on our website and our Child Protection Officers can be contacted with any concerns.

Male Child Protection Officer: Hugo Frew (07825 220947)

Female Child Protection Officer: Anna Kilpatrick (07974968619)

## 4. Coaching

Here at CIYMS Tennis Club we have a fantastic, well qualified and very experienced coaching team. The team is led by our Head Coach Stephen Watters, Irelands only RPT-Europe Ambassador and Master Professional. The team also includes David Taggart, Neil Stewart, Garry Dunne, Natasha Adamson and Emma Crowe. All of which are seasoned players and RPT-Europe National Professionals.



Stephen



David



Garry



Natasha



The program caters for everyone. Every player of any age at any level. That's a big statement and we make it with confidence. Our junior program consists of red, orange and green mini and midi tennis. We also have yellow Ball junior squads, an under 12 Ulster Tennis Performance Program and Elite boys' and girls' squads. Our adult program consists of two 'beginner' ladies only classes, a Fast Track Tennis program for players looking to start playing again after some absence, a Cardio Tennis Program aimed to really get your heart rate up and mixed drills classes that cover all aspects of tennis from technical correction to tactical awareness and fitness.

The club was awarded 'Club Mark' status in September 2018 for achieving a recognised standard of excellence throughout all aspects of the club.

We all look forward to seeing you on the court!!

Our current coaching programme can be found on the club website: [CIYMS Tennis Club](#)

## 5. Outreach Dept

### Mission Statement

CIYMS Tennis Club aims to increase access and opportunities for people with a disability who want to play tennis with the values of fun, respect, inclusion, and courage being paramount.



Tennis, like all sports, provides more than just an opportunity to play. It can help to improve mobility, co-ordination, fitness and provides interaction with others both on and off the court. We at CIYMS have an ambitious plan to offer tennis opportunities to people who have:

- o People with physical disabilities
- o People with a hearing loss (deaf or hard of hearing)
- o Peoples with sight loss (Blind and partially sighted)
- o People with learning disabilities



We currently run 2 groups –

Tennis for Blind/Visually impaired on Tuesdays 1130 -1230

Blind/VI tennis is a growing sport and can be played by everyone, regardless of sight loss. Our group includes players living with all degrees of blindness from B1 – B4. Blind tennis balls have a rattle inside, allowing players to track the ball.





#### Dementia Friendly on Wednesdays 1130 – 1230

Our group works closely with Dementia NI. We welcome players living with dementia to come and play some fun games tailored to their level, from beginner to competitive.

Both groups are currently free of charge and are followed by a cup of tea in the clubhouse. Our coaches and volunteers have undertaken specialist training to work with both groups and we can teach tennis from scratch to those who have never played before. All equipment is supplied, participants just need to wear trainers and comfortable clothing. We have indoor facilities, so the sessions are always on, regardless of the weather!

Carers and family are welcome to stay and watch or participate in a gentle game of tennis.

For more details or to register, contact Outreach Manager Jane at [outreach@ciymstennisclub.org](mailto:outreach@ciymstennisclub.org)



## 6. Other Useful Information

### Tennis balls

These are provided for Club Play, League/Cup matches and Tournament activities. At all other times members are required to provide their own tennis balls.

### Lights

The cost of floodlights/indoor lights is not included in your membership fees but is paid for by the club, so please use them responsibly.

Lights should only be used on the courts you are playing on; adjacent court lights should not be switched on. In addition, please ensure that you switch off any lights when you have finished playing.

The last group to leave the Dome should also ensure all indoor lighting is switched off.

### AGM

The Tennis Club's AGM is held every November at CIYMS.

All members are encouraged to attend

### Racquet Stringing

Available at a cost of £20 for members and £25 for visitors

Racquet stringing is carried out by our head coach Steven Watters who has over 20 years' experience.

